

**Theme: Food**  
**Caritas Nursery School–Tsui Lam**

Level:	K3
Session:	1 of 3
Text:	<i>The Salad</i> (Big book story)
Learning Activities:	Storytelling activity, game
Learning Objectives:	<ul style="list-style-type: none"><li>➤ To understand and enjoy the story when the teacher tells it with the storybook</li><li>➤ To participate in the process of Storytelling by saying '<i>stir, stir, stir</i>' and doing the stirring action</li><li>➤ To listen to and understand the fruit names '<i>apple</i>', '<i>orange</i>', '<i>mango</i>', '<i>strawberry</i>', '<i>cherries</i>', and '<i>banana</i>'</li></ul>
Resources:	Big book, toy fruit, big bowl, wooden spoon, puppet, word cards

What to do:

### **1 (Before Storytelling)**

- Set the scene for the story by saying that it is summer. Tell children that the weather is very hot.
- Show the puppet, Mary. Tell children that Mary is very hot. She wants to eat something to feel cooler.
- Ask children to make some suggestions about what Mary can eat when she feels hot.

### **2 (During Storytelling)**

- Help children enjoy the story with the help of voices, facial expressions and sound effects.
- Invite children to guess the fruit that Mum puts in the salad.
- Encourage children to participate in the process of Storytelling by saying '*stir, stir, stir*' and doing the stirring action together.

### **3** (After Storytelling)

- Ask children to tell if they like the story.
- Invite children to recall the names of the fruit in the story and show the word cards.
- Invite the children to name the fruit they like best.
- Play a game with children.

#### **Game: Buying fruit**

- Divide children into two groups.
- Ask each group to draw five picture cards to decide what fruit they need to buy to make a fruit salad.
- Invite children to look for the fruit in the classroom.
- Start the game to see which group can finish first.
- Talk about the fruit they bought.

Book Title: *The Salad*

Author: KWAN Yue-ying

ISBN: 978-962-989-024-7

**Theme: Food**  
**Caritas Nursery School–Tsui Lam**

Level: K3  
Session: 2 of 3  
Text: *The Salad* (Big book story)  
Learning Activities: Storytelling activity, art and craft activity  
Learning Objectives:

- To enjoy listening to the story when the teacher retells it with the storybook
- To participate in the process of retelling the story by saying '*Put the ... in.*' and doing actions for cutting, putting fruit into the bowl and stirring
- To say the fruit names '*apple*', '*orange*', '*mango*', '*strawberry*', '*cherries*', and '*banana*'
- To write a fruit salad recipe

Resources: Big book, recipe book, colour pencils

What to do:

### **1 (Before Storytelling)**

- Ask children if they remember the story.
- Tell children that they are going to help retell the story.
- Tell children the name of the book and the author.

### **2 (During Storytelling)**

- Help children enjoy the story with voices, facial expressions and sound effects.
- Invite children to participate in the process of retelling the story by asking them to do the actions, such as cutting the fruit, putting the fruit into the bowl and stirring.
- Invite children to participate in the process of retelling the story by suggesting the next fruit going into the salad. Guide them to say '*Put the ... in.*'

### **3** (After Storytelling)

- Ask children to tell if they like the story.
- Tell children to make their own salad recipe.
- Discuss what fruit they want to put in their salad and help them write down the fruit names on the whiteboard.

#### **Art and craft activity: Making a fruit salad recipe**

- Give children a recipe book.
- Tell children to draw the pictures in the book to show the fruit they have chosen.
- Tell children to copy the names of the fruit on the recipe book.

Book Title: *The Salad*

Author: KWAN Yue-ying

ISBN: 978-962-989-024-7

**Theme: Food**  
**Caritas Nursery School–Tsui Lam**

Level:	K3
Session:	3 of 3
Text:	<i>The Salad</i> (Big book story) (The story was introduced in previous sessions.)
Learning Activities:	Real-life experience activity
Learning Objectives:	<ul style="list-style-type: none"><li>➤ To recall the content of the story</li><li>➤ To make a fruit salad</li><li>➤ To enjoy the fruit salad</li><li>➤ To say '<i>Put the ... in.</i>', '<i>stir</i>' and the names of the fruit</li></ul>
Resources:	Puppet, fruit ( <i>apples, oranges, mangoes, strawberries</i> and <i>bananas</i> ), salad dressing, small plates, knives, spoons, big bowl

What to do:

### **1** (Before the activity)

- Ask children if they remember the story.
- Show the puppet, Mary, and prompt children to recall the content of the story.
- Tell children that they are going to make a fruit salad.

### **2** (During the activity)

- Show children all the ingredients, including *apples, oranges, mangoes, strawberries* and *bananas*.
- When showing the fruit, guide children to say the names of the fruit again.
- Invite children to cut the fruit together with a plastic knife.
- Put the fruit in a big bowl and add the salad dressing. Guide children to say '*Put the ... in.*'
- Guide children to say '*stir, stir, stir*' while mixing the fruit and salad dressing together.

### **3** (After the activity)

- Distribute the finished salad to children.
- Enjoy the salad together.

Book Title: *The Salad*

Author: KWAN Yue-ying

ISBN: 978-962-989-024-7